



ABN: 28 558 604 355 INC. A0021002L

## COACHES CODE OF BEHAVIOUR

POLICY NAME:	Birralee Gymnastics Coaches Code of Behaviour
DATE OF ISSUE:	July 2018
POLICY COVERAGE	Birralee Gymnastics Inc Committee of Management, staff, volunteers. All Birralee Gymnastics events and activities including competitions, education courses, workshops, meetings, seminars or any other activities organized by Birralee Gymnastics Inc.
DATE OF REVIEW	Biennial
CONTROLLING BODY	Birralee Gymnastics Inc

As a member of Birralee Gymnastics Inc a member association or a person required to comply with Gymnastics Australia's Member Protection Policy you must meet the following requirements in regard to your conduct during any activity held or sanctioned by Birralee Gymnastics Inc or a member association in your role as a Coach you hold within Birralee Gymnastics or a member association.

1. Encourage and facilitate participants' independence and responsibility for their own behaviour, performance, decisions and actions.
2. Involve the participants in decisions that affect them.
3. Encourage participants to respect one another and to expect respect for their worth as individuals regardless of their level of participation.
4. Be fair, considerate and honest in all dealings with others.
5. Whenever possible, group athletes to give a reasonable chance of success.
6. Avoid over-training the talented athletes and neglecting the average athletes – they too need and deserve equal time.
7. Remember that children participate for fun and enjoyment and that winning is only a part of their motivation.
8. Never ridicule or berate a child for making mistakes.
9. Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of the athlete.
10. Take into consideration the maturity level of the athletes, when scheduling and determining the length of training times and competition.
11. Develop team respect for the ability of other athletes as well as for the judgment of officials and other coaches.
12. Follow appropriate medical advice when determining when an injured gymnast is ready to recommence training or competition.
13. Make a personal commitment to keep yourself informed of coaching principles and the principles of growth and development of children.
14. Never use derogatory or inappropriate language.
15. Operate within the rules and spirit of your sport and teach players to do the same.

16. Ensure that the time participants spend with you is a positive experience. All young people are deserving of equal attention and opportunities.
17. Do not tolerate acts of aggression.
18. Provide feedback to participants in a manner sensitive to their needs. Avoid over negative feedback.
19. Recognise participants' rights to consult with other coaches and advisers. Cooperate fully with other specialists (for example, sports scientists, doctors and physiotherapists).
20. Treat all participants fairly within the context of their sporting activities, regardless of gender, race, place or origin, athletic potential, colour, sexual orientation, religion, political beliefs, socio economic status and other conditions.
21. Ensure that the tasks and/or training set are suitable for age, experience, ability and physical and psychological conditions of the participants.
22. Ensure any physical contact with participants is appropriate to the situation and necessary for the participant's skill development.
23. Be acutely aware of the power that you as a coach develop with your participants in the coaching relationship and avoid any sexual intimacy with them that could develop as a result.
24. Avoid situations with your participants that could be construed as compromising.
25. Actively discourage the use of performance enhancing drugs, and the use of alcohol, tobacco and illegal substances.
26. Do not exploit any coaching relationship to further personal, political or business interest at the expense of the best interest of your participants.
27. Accept and respect the role of officials in ensuring that competitions are conducted fairly and according to established rules.
28. Know and abide by rules, regulations and standards, and encourage players to do likewise. Accept both the letter and the spirit of the rules.
29. Be honest and ensure that qualifications are not misrepresented.