

POLICY NAME:	Birralee Gymnastics Club Rules Policy
DATE OF ISSUE:	October 2018
POLICY COVERAGE	Birralee Gymnastics Inc Committee of Management, staff, volunteers, parents, participants and spectators. All Birralee Gymnastics events and activities including competitions, education courses, workshops, meetings, seminars or any other activities organized by Birralee Gymnastics Inc.
DATE OF REVIEW	Biennial
CONTROLLING BODY	Birralee Gymnastics Inc

1. INTRODUCTION

The purpose of this policy is to provide Birralee Gymnastics Inc a statement of position regarding our Club Rules Policy. Birralee Gymnastics is committed to ensuring that the objectives in this policy and the supporting strategies are implemented across all areas of participation to ensure best practice.

2. SCOPE

This policy aims to actively encourage and support the participation of all in the sport of gymnastics. This should be done in a way that is meaningful to each individual and is equitable to other participants.

- i. Gymnasts must wait quietly until their class is due to start. Parents and non-participating children are welcomed and encouraged to stay and watch, however children must be strictly supervised and kept quiet so as not to disturb or distract the class in progress.
- ii. Equipment may only be used under the supervision of an accredited coach.
- iii. One person permitted on equipment at any time unless under direct instructions from a coach.
- iv. Running in the gym is not permitted, unless instructed by a coach.
- v. Punctuality must be strictly adhered to. Warm-up is one of the most important parts of the program; if the participants arrives after the commencement of warm-up then the participant will be unable to attend the session. This will be strictly enforced.
- vi. No food or drink is permitted on or near the equipment at any time.
- vii. Water filled bottles only, no juice, cordial or power drinks.
- viii. No glass bottles are ever permitted.
- ix. Bare feet only. Grip socks or jiffies are acceptable for some kinder gym and toddler gym activities. Socks or tights are not to be worn. Footwear should be worn to and from the gym.
- x. No zips, belts, buckles or pants longer than the ankle.
- xi. No hoodies to be worn during class.
- xii. No jewellery to be worn during classes, Bangles to be removed or bandaged to the arm. Sleepers or studs are acceptable. Medical Alert bracelets are accepted but the committee must be notified.
- xiii. Long hair must always be tied back neatly, no pins or clips.
- xv. Glasses should be secured.
- xvi. Children that behave inappropriately will be given two verbal warnings and then a 5-minute time out. If the child persists in behaving inappropriately they may then be asked to leave the group for the remainder of the session.

- xiv. If inappropriate behavior persists a formal letter will be sent to the parents/guardians informing them of the child's behavior and that the committee of management reserves the right to expel the member from further participation in the Club.
- xvii. Children must be collected from the club and are not permitted to leave the club unless in the presence of a parent or guardian. This is a serious breach of Club Rules and can lead to instant dismissal from the Club.
- xviii. All members that require an Epipen must provide a Management Plan and an Epipen must be handed into front desk in an insulated bag with their name on it for every session, this is a condition of their participation.
- xix. All members that are Asthmatic must provide a Management Plan and their medication, together with a spacer this must be handed into the front desk in an insulated bag with their name on it for every session, this is a condition of their participation.
- xx. No nut products to be consumed at the club premises at any time.
- xxi. All participants, parents, siblings, visitors, committee of management, coaches, staff and volunteers are required to wash their hands with soap and water before entering our premises.

3. BREACH OF CLUB RULES

It is a condition of entry to Birralee gymnastics that all persons agree to and abide by these Club Rules. Birralee Gymnastics Inc reserves the right to remove any person for breach of these rules or behaviour contrary to the Clubs Codes of Conduct.

4. POLICY

- 4.1 Birralee will strive to actively identify and eliminate unlawful direct, indirect, and systemic breach of these club rules and will ensure that all people are given optimal opportunity to participate in a safe environment.
- 4.2 All Birralee committee, staff, officials, members and volunteers shall, within their areas of responsibility, take appropriate steps to recognize and remove any barriers which exist to programs and services, within the physical, social, and virtual environment of gymnastics. This policy will be regularly evaluated and revised through consultation to maintain continuous improvement in programs, services and facilities for people of all abilities and backgrounds

5. ADDITIONS OR AMENDMENTS

Recommended changes to this policy may be submitted to Birralee Gymnastics Committee of Management for consideration at any time. Should changes be accepted, the policy will be updated, dated and circulated to all relevant stakeholders.

Birralee Gymnastics is committed to ensuring all policies are up-to-date and reflect current times, therefore reviews are undertaken biennial.

- 5.1 This policy will be reviewed by the Committee of Birralee Gymnastics Inc on a biennial basis.

6. POLICY PROMOTION

- 6.1 This Policy will be made available to all members via the Birralee Gymnastics website at www.birraleegymnastics.com.au
- 6.2 This policy will be communicated to all staff, committee, technical coaches, coaches, parents and volunteers.
- 6.3 References to this policy will be included in the information documents that are provided to all officials that represent Birralee Gymnastics Inc.